



24047 Joseph Poon

Executive Officer HMCS GLACE BAY

Born in Hong Kong and immigrated to Canada as an infant, Lt(N) Poon grew up in Toronto, Ontario. He joined the Canadian Armed Forces in 2004 under the Regular Officer Training Program and graduated from the Royal Military College of Canada in Kingston, Ontario in 2008 with a bachelor degree in Military and Strategic Studies.

Following naval training in Esquimalt, British Columbia, Lt(N) Poon sailed in HMC Ships MONTREAL, ATHABASKAN, PRESERVER, ST. JOHN'S, REGINA, and OTTAWA as a bridge watchkeeper. During this time, he deployed

to Haiti on Op HESTIA following the 2010 earthquake. He returned to HMCS MONTREAL in 2014 as the Information Management Officer.

In 2015, Lt(N) Poon deployed to Kuwait on Op IMPACT as the Visits and Protocol Officer for Joint Task Force - Iraq. He then served as the Standards Officer at the Canadian Forces Leadership and Recruit School in St-Jean-sur-Richelieu, Québec before returning to Halifax in 2018 to be the Operations Officer at the Regional Joint Operations Centre Atlantic.

Following completion of the Operations Room Officer course in 2021, he was posted to HMCS MONTREAL as the Plans Officer before becoming the Operations Officer of HMCS ST. JOHN'S later that year. In April 2022, Lt(N) Poon was appointed Executive Officer of HMCS GLACE BAY.

Lt(N) Poon lives in Halifax with his partner Robert and their poodle Link. He is a mediocre pianist and violinist, his other interests include travel, cooking, horticulture, and theology.